

## PART I

### BIODATA

Name : **Dr PHILIP JOHN M**

Age & Gender : 60 yrs (14<sup>th</sup> May 1952) / Male

Marital Status : Married: Mrs Baisha Philip

Children : Dr Johann Philip  
: Dr Joel Philip  
: Ms Joanna Philip

Designation : Senior Consultant Psychiatrist  
Child Psychiatrist

Qualification : MBBS, MD (Psychiatry): NIMHANS

Citizenship & Residence : INDIAN

Passport : No. H 6617436 (Valid till 10.03.2020)

Current Office Address : Senior Consultant Psychiatrist  
Peejays @ The Neurocenter Cochin  
12<sup>th</sup> Cross Road, Panampilly Avenue  
Cochin 36  
S. India  
Phones: **0484 - 64 22 777** (Clinic)  
**64 22 888, 65 00 755** (Clinic)

Permanent Residence : Mangalaseril Villa  
Skyline Ebony Woods  
Shine Road, Vyttila, Cochin 19  
682019 Kerala

Phone Number : **0484 6463193**  
**Mob : 0 98953 50317, 0 94479 86943**

Email Address : peejaycl@gmail.com

Website : <http://peejays.in>

## Academic Achievements

1. Secondary School Leaving Certificate Examination : Passed with FIRST RANK in the State of Kerala from among 0.3 million students
2. MBBS : 1976, Registered with T.C Medical Council, No. 8136
3. MD (Psychiatry) : 1980, National Institute of Mental Health & Neuro Sciences (NIMHANS) Bangalore

**THESIS** : 'PSYCHIATRIC MORBIDITY IN CHILDREN'

## Scholarships

National Merit Scholarship : Ministry of Education Govt. of India  
(Starting from 1967-68)

## Career

- 2012 August - till date : Peejays @ **The Neurocenter Cochin**
- 1991-2012 : **Peejays Polyclinic & Child Guidance Clinic**, Cochin 13.
- 2007 – till date : **Child Guidance Clinic (CGC), Sharjah UAE**
- 1981-1991 : Consultant Psychiatrist and later Head, Psychiatry-  
**Medical Trust Hospital**, M G Road, Cochin  
(450 bedded Super Speciality Teaching and Referral Hospital)
- 1977-1981 : Post-Graduate and Resident in Psychiatry at **NIMHANS**.
- 1976-1977 : Established 'Sathya Nursning Home' in the suburb of Cochin.
- 1975-1976 : Rotating Housemanship  
District Head Quarters Hospital, Cochin.

## Institutions

- Dr Philip John was trained in Psychiatry after a grueling course of studies at NIMHANS, Bangalore, the premier institution in Asia for training in Psychiatry, Neurology, Neuro surgery and related disciplines. Recognised across the world for its academic research and training leadership.
- First assignment after MD was to set up a new Department of Psychiatry at the then largest (Private) Tertiary Referral Hospital in Kerala, the Medical Trust Hospital at Cochin. A saga that led to popularizing Hospital Psychiatry as an easily accepted medical discipline – a path breaking approach to Psychiatry.

- **Peejays Polyclinic & Child Guidance Clinic, Cochin** (1991 – till July 2012)  
After a decade being a well known Clinician and academician, Dr Philip John moved into Outpatient Office practice, making it comfortable for people with psychological problems, children with emotional, behavior and learning problems to walk into the comfort of a non-stigmatising atmosphere. There are also Clinical Psychologists, Educational Psychologists, Child & Parent Counselors, Special Educators, Occupational Therapist, Language Pathologist and Speech Therapists in the Multi disciplinary Team.
- **Launch of The Neurocenter, Cochin August 2012**  
Inaugurated by Sri Oommen Chandy, **Hon'ble Chief Minister** of Kerala

**The Neurocenter Cochin** is a unique concept in the Outpatient Practice of Medicine. It brings together under one roof the entire range of Clinical Neurosciences.

With the current research findings in Neurosciences, we know today that the Mind is generated by the Brain. Neurology and Psychiatry, therefore, deal with the same brain cells and neural circuits. It is in this background that this unique and holistic approach to the practice of Neurology, Psychiatry and General Medicine has been initiated.

Working under the same roof, various Specialists can interact with each other instantly and thus ensure speedy and accurate identification and management of neurological and psychiatric disorders. This also brings down the cost of diagnosis and treatment.

For the first time in the state, a private Outpatient Clinic – The Neurocenter Cochin – brings together a Team of Senior Neurologists, Senior Psychiatrists, and a General Physician, along with the umbrella services of a Multi-disciplinary team of Psychologists, Special Educators, Speech and Language Pathologists, Occupational Therapists and other Rehabilitation Professionals.

Special investigations in Electrophysiology such as Electroencephalography (EEG), Electromyography (EMG) and Audiology, as well as Lab facilities are available at the Neurocenter, Cochin. An in-house pharmacy will cater to the drug requirements of patients.

**Peejays Polyclinic and Child Guidance Clinic (CGC)** is the Neuropsychiatry wing of the Neurocenter, Cochin, headed by Dr. Philip John, Senior Consultant Psychiatrist with over 30 years of experience. Peejays offers specialized Adult, Child and Adolescent services, with special emphasis on Developmental Disorders in Children, Autism Spectrum Disorders and School Mental Health. Other Senior Consultants in Psychiatry and Clinical Psychology are in the Team.

**Brainwaves** is the Neurology wing of the Neurocenter, manned by a team of Senior Neurologists and a Senior General Physician. This ensures a holistic approach to all neuromedical problems, with a chance for real time cross consultation among them as well as the neuropsychiatric team, when required.

# The Neurocenter Cochin: the New Initiative

## PSYCHIATRY & NEUROLOGY UNDER ONE ROOF

### **ADULT & CHILD PSYCHIATRY CHILD GUIDANCE CLINIC**

#### **ADULT & GENERAL PSYCHIATRY**

*Practice of Psychiatry as a Medical Discipline*

General Psychiatric Disorders (without excitement)

Neurotic & Psychotic Disorders

Neuropsychiatry & Psychosomatic Medicine

Somatoform & Pain Disorders

Consultation Liaison Psychiatry

Psychopharmaco-therapies

Clinical Psychology Services

#### **CHILD & ADOLESCENT PSYCHIATRY (CGC)**

*Multidisciplinary Guidance for Children with Special Needs*

#### **Centre for Specific Disorders of Development**

SDD : Learning & Intelligence Disorders

Concentration & Hyperactivity Disorders

Motor Skills & Co-ordination Disorders

Language & Communication Disorders

Emotional & Behavior Disorders

#### **Centre for Autism Spectrum Disorders (ASD)**

Multidisciplinary Assessment & Guidance

Pharmacotherapy & Non-pharmacological management

### **NEUROLOGY & ELECTROPHYSIOLOGY CLINIC**

#### **ADULT & GENERAL NEUROLOGY**

Headache & Related Disorders

Cerebrovascular Diseases -

Stroke & Rehabilitation

Dementia & Memory Disorders

Parkinson's & Movement Disorders Clinic

Epilepsy Clinic

Sleep Disorders

Vertigo & Giddiness

#### **ELECTROPHYSIOLOGY**

EEG, NCV, EMG, BAER, VEP

#### **ALLIED ACTIVITIES**

Neuropsychological assessments

Psychotherapy, Guidance & Counselling

Language & Speech Therapy

Occupational Therapy

Academic assessments for school children

Teaching, Research & Publication

**Inaugurated by Sri Oommen Chandy, Hon'ble Chief Minister of Kerala - August 2012**

## Fellowships/Memberships

Fellow, Indian Psychiatric Society (IPS)

International Member, American Psychiatric Association (APA)

Life Member, Indian Medical Association (IMA)

Fellow, Indian Association for Child and Adolescent Mental Health (IACAMH)

Life Member, Childhood Disability Group, Indian Academy of Pediatrics (IAP)

Fellow, Indian Association for Social Psychiatry (IASP)

Life member, IMA Academy of Medical Specialties (IMAAMS)

Life Member, Society for Organ Retrieval and Transplants (SORT)

Life Member, Indian Epilepsy Association (IEA)

Life Member, Indian Association of Psychiatric Rehabilitation (IAPR)

Life member, Association of Kerala Medical Graduates (AKMG)

## Some Positions Held

- National Chairman, Biological Psychiatry, IPS : 2 years and current
- President, Indian Medical Association, Cochin : 2 years
- Secretary, Indian Medical Association, Cochin : 2 years
- Past Chairman, State HIV / AIDS Committee, Kerala
- Director, Peejays Foundation for Clinical Excellence.
- Founder Trustee, Society for Organ Retrieval and Transplant (SORT)
- Expert, Central Board of Secondary Education (CBSE), Delhi
- Expert, Amendment Committee, for Persons with Disabilities Act
- Ministry of Social Welfare and Justice, Union Government, India etc.

## Awards

- Visakha Oration Award – Indian Psychiatric Society 2007  
For '**Outstanding Contribution to Psychiatry**'
- NATIONAL IMA: **Best Local Branch President** 1999
- STATE IMA: **Best President Award** 1999
- CULLEN ARTS PRIZE 1968  
UNIVERSITY OF KERALA

## Publications

### Books

- Edited 'Recent Trends in Psychiatry', a reference book  
Publ. Ernakulam Psychiatric Society
- Chapters in 2 Pediatrics Reference Books, on Behavioural Pediatrics
- 'Psychological Co-morbidity in LD', Ed P.Karant, Sage Publication, Delhi, London
- Chapter in 'Primer in Geriatrics', Ed Dr, Dorrie Rosenblatt, University of Michigan, USA.
- 'Poor School Performance in Children', Handbook for the Central Board of Secondary Education (CBSE) Delhi.
- 'School Mental Health through Empowering the Education Sector', published by World Health organization (WHO), India Country Office, Delhi.
- 'Dyslexia in India', Chapter in 'The International Book of Dyslexia' – A Guide to Practices & Resources' published by John Wiley and Sons, New York.
- Prolific Writer and expert for the Print and Electronic media.

### Recent Journal Publications

Indian Journal of Psychiatry (IJP)

**'Boundary debates: The new challenge of Psychiatry'** (IJP Vol 53, April 2010)

**'Learning and other Developmental Disorders in India'** (IJP Vol 52, January 2012)

Asian Journal of Pediatric Practice

### Hobbies

- Reading. Writing on professional topics
- Travelling
- Public Speaking
- Organizing Services in various medical and related fields.

(Refer: <http://peejays.in> )

## PART II

# CURRICULUM VITAE

### **Dr PHILIP JOHN MD**

Senior Consultant Psychiatrist | Child Psychiatrist

MANGALASERIL VILLA

SKYLINE EBONY WOODS

SHINE ROAD, Vyttila, Cochin 19

682019 Kerala

Age: 60yrs/ Male

Nationality & Residence : Indian

Born in a tiny village Chottanikkara, in the outskirts of Cochin to parents who were farmers. Extremely hardworking and conscientious, Dr Philip John's trajectory of professional growth has been multi-dimensional.

His hardwork in a local school paid him laurels in the form of a First Rank in the Secondary School Leaving Certificate (SSLC) Examination in the entire State of Kerala in 1967, topping three hundred thousand school children who wrote the examination that year.

His academic brilliance and meticulous hardwork earned him a top rank for admission to the much sought-after Government Medical College in Trivandrum. He passed his MBBS examination and Degree from the University of Kerala in 1976.

National Institute of Mental Health & Neurosciences (NIMHANS), the premier institution for Neurosciences and Psychiatry in Asia accepted this outstanding doctor for the MD Course in Psychological Medicine. Psychiatry became Dr Philip John's passion. His academic leadership in this young branch of Medicine in Kerala as well as in the UAE enabled the dispelling of stigma about Psychiatric treatment and consultation. He practised the 'New Science of Mind'- Psychiatry as a medical discipline.

His multifaceted drive and contributions in psychiatry and related medical areas are reflected in the testimonials from his Superiors and Colleagues from time to time.

## Highlights in the CV

### School : SSLC 1967

- First Rank in SSLC, State of Kerala (among 3 lakh students) : 1967
- University of Kerala, Cullen Arts Prize : 1968

### MBBS Course (1969-75) : Activities

- President - Medical College Students Association : 1971-72
- Founder Secretary General  
All Kerala Medical Students Association : 1972-73
- Pioneered the All Kerala Inter-medical  
Youth Festival as Secretary General, Kerala : 1972-73
- Conceived and Organised National Medical  
Students' Seminar on Medical Education : 1971
- Subsequently, Convenor Curriculum Committee to  
review MBBS Syllabus at the Kerala University level : 1972
- Member, Kerala University Union : 1972

### MD Course in NIMHANS : Activities

- Secretary, Residents Association, NIMHANS : 1979
- Training in Psychiatry, Neurology, Family Psychiatry,  
Community Psychiatry and Child Psychiatry : 1977-80
- Research & Thesis on 'Psychiatric Disorders in Children' : 1980

### Professional Career : Activities

(Pages 9-15)



## Outstanding Contributions to the Community through the Profession:

### Pioneering Paradigm Shifts

Pioneered and established General Hospital Psychiatry Unit in a 450- bedded (then) largest Tertiary Referral Hospital in the State of Kerala. Shuttered wards for Psychiatry patients were closed down and the psychiatry inpatient services integrated with General Wards in Neurosciences Division. Revolutionary step in 1980, helping to dispel traditional Stigma and raise awareness and advocacy among general public about Psychiatric disorders.

Mental asylum concept for inpatient treatment in Psychiatry rapidly gave way to this successful initiative of General Hospital and Consultation Liaison Psychiatry. The Secretary of the Indian Psychiatric Society then said that this pioneering concept enabled to 'de-stigmatise Psychiatry in this part of the world', and made these services "available and accessible to the needy people in the community".

### Open - Office Polyclinic: Heralding another Paradigm Shift

The ease with which Psychiatry patients can take a consultation without stigma or loss of dignity was made possible in 1991 when Dr Philip John pioneered in Kerala for the first time Peejays Polyclinic which turned out to be the meeting place in Cochin for Psychiatry and related medical disciplines in Neurosciences; and for umbrella-services like Clinical Psychology and several Community based Services under one roof.

This model has now become popular in town after town in Kerala and has made it possible for the needy in the community to avail and access psychiatric help in the comfort of a dignified outpatient setting. Leaders in the medical profession in Kerala vouch for this contribution.

### Pioneering Services Nationally for Children with

#### Learning Disorders ('dyslexia') in India:

#### the Most Outstanding Contribution

Dr Philip John's research and studies in Child Psychiatric Disorders including Learning Disorders continued during these years. His most outstanding contribution to the Community in India has been identifying and working on this niche area from a neurological perspective.

For the first time in India in 2005, Dr Philip John designed a Community-based Project called Child Care Centre in Cochin, in association with the Ernakulam District Council for Child Welfare under the Chairmanship of the District Collector, and the Indian Academy of Pediatrics Charitable Society. The elected Medical Director testifies how Dr Philip John pioneered the concept and built the services of the Centre on a regular daily basis brick by brick to serve thousands of children with this Neurological Disability - who make 10% of our children's population.

The Union of India Ministry of Social Justice & Welfare invited Dr Philip John to Delhi as Expert on Learning Disorders and Autism Disorders for the final deliberations on the Persons with Disabilities Act (amendments), 1995. The then Secretary of the Ministry wrote that “the final discussions was held with the most eminent experts in the country in various areas of Disorders...”

### Turning Point in Learning Disorders in India

The real breakthrough to take this mammoth problem in children to the Community came when Dr Philip John was invited by the Central Board of Secondary Education (CBSE) to be the Keynote Speaker at the National Conference of Principals of CBSE Schools at Nagpur on October 19-21, 2000. Training Programmes for Principals, School Counselors and Teachers of CBSE Schools ensued.

The CBSE then invited Dr Philip John and his Team in 2001 to Delhi for a major Community effort of Training Master Trainers focusing on Learning Disorders in school children.

The sheer force of numbers of school children (over 10% of them) afflicted by this disorders in our country made it vital to train teachers of all schools - for Classrooms and Resource Rooms.

For this mammoth community effort, Dr Philip John and his Team drew up a modus operandi of creating “Educational Diagnosticians and Therapists” out of ordinary school teachers. The result was the ‘Handbook on Poor School Performance’ written by Dr Philip John and published and used by the CBSE in all its Affiliated Schools (2002). All these activities were undertaken without remuneration.

Under the aegis of the CBSE, and the Sahodaya Complexes, Dr Philip John “has been conducting workshops for CBSE schools, teachers, parents and children – across the country” (Director CBSE); again without any remuneration.

During the Platinum Jubilee of the CBSE in 2004, “eminent Educationists who have excelled in their respective fields of work were invited by the CBSE to deliver Lectures”. Dr Philip John’s Lecture, “Dualism Between Schooling and Education: Bridging the Gap” along with the other Series Booklets (Dr Karan Singh, Dr Anil K Gupta, Dr Pritam Singh, Dr Ashok Ganguly were the other separate authors) were presented for benefit the community at the Platinum Jubilee Valedictory Function on July 28,2004 graced by the Hon’ble President of India, Dr APJ Abdul Kalam and the Union HRD Minister Shri Arjun Singh at Vigyan Bhavan, Delhi.

### Pioneering Effort: Impact Nationally for School children with Learning Disorders

Following all these efforts, Children with Learning Disorders began to be identified clearly by Teachers, especially in the CBSE Schools. Resource Rooms were established based on the framework in the Handbook authored by Dr Philip John and his Team. Ultimately, children with this and other Developmental Disorders were allowed, as their right for equal opportunities, to avail extra time to write, drop or choose study subjects based on their skill deficits, and a host of other reforms in the CBSE for children with Disorders. The then CBSE Chairman, Mr Ashok

Ganguly, Director(Academics) Mr Balasubramonian, Controller of Examinations Mr M C Sharma, Education Officer Dr Sadhana Parashar were all behind these reforms.

As an inevitable follow up, State Educational Boards across the country especially after SSA, have also now moved to give such educational/examination provisions for these (10% of school population) mammoth number of afflicted children.

The Indian media, both print and electronic have now periodic discussions on these 'silent' handicaps including the visual media, 'Taare Zamin Par' for example.

### Research, Writings and Publications on Learning Disorder

Besides multitude of writings and articles in LD in the popular media, both newspapers and TV channels, a 5 Lecture Series by Dr Philip John on these Disorders and Autism Disorders are telecast by the State Institute of Education Training(SIET) on DD Education Channel in Kerala. Several repeat telecasts have been made since the past years in view of the popularity of these lectures and repeat requests to raise awareness and advocate remediation for these Disorders in the community.

The Rehabilitation Council of India (RCI) has also aired a series of Lectures by Dr Philip John and team on Doordarsan Educational Channel on the same subject. All these have been done free by the Team. The 'Week' magazine has published two popular 'Booklets' distributed free of cost, authored by the Team.

### International Outreach for LD

A great international recognition for Dr Philip John's work with Dyslexic children came when John Wiley and Sons, UK, the prestigious Medical Publishers in London invited Dr Philip John to contribute the chapter on 'Dyslexia in India' in their 'International Book of Dyslexia'. The royalty was donated to the Marion Welchman Memorial Dyslexia Trust.

Sage Publications Delhi, London published a Book on Learning Disorders where Dr Philip John has presented his thesis on 'psychological disorders co-existing in school children with dyslexia' in an exclusive chapter.

Dr Philip John's work in the Middle East followed one of his international publications, picked up by the UAE print media which published his writings on ADHD and Learning Disorders in children.

### Pioneering Child Guidance Clinic in UAE

90% of the population in UAE are expatriates, and Indians in UAE form one third of this population. Among these Indians, 20% are children below 14 years of age. There used to be no medical or dedicated psychiatric help available for the substantial number of Indian school Children with Learning Disorders in UAE.

Dr Philip John took up this major issue with the then President of the Kerala Medical Graduates Association (AKMGA) in UAE and Chairman of a major Healthcare Group in UAE. This resulted in

the establishment of a pioneering Child Guidance Clinic in UAE with him at the head, and a full fledged Team of umbrella services to care for children with Learning Disorders and Autism. He visits the clinic for a week every month where his services are accessible even “to the distressed low income group of Indians” in UAE – a pioneering effort for the Indian Community in that part of the world.

Across UAE, the team has been conducting school-by-school Workshops for Teachers and Parents. Doctors, especially Paediatricians are trained by the team to identify and redress these childhood disorders, through periodic CME programs for doctors and counselors. Teacher Enrichment Programs are routinely undertaken by the Team from school to school.

The CGC in UAE functions as a unique oasis of help for the afflicted children of Indian Community in the UAE.

### Community Outreach Programmes

Dr Philip John’s Child Guidance Clinic (CGC) at Cochin has a dedicated Team which conducts Workshops and Seminars for Teachers, Parents and Students on a regular basis in CBSE and State Board Schools, based on strategies to deal with “Learning and other Developmental Disorders” in school children.

A one year course in LD and its remediation is run at the CGC for Teachers in Kerala. They are capacity-built to start resource rooms for these Special Needs Children in the respective schools.

The WHO India Country office collaborated with Dr Philip John and his Team to address this Disorders as well as disaster-trauma-related issues in 7 random Districts in Kerala. Teacher-administrated strategies were developed by conducting Workshops in these Districts for Teachers from Government schools. The effort is available with the WHO India Country office and in its website in pdf format.

### PEEJAYS FOUNDATION

A non-profit Foundation registered in Cochin as a Trust, registered with both the Registrar of Charitable Societies and with the Income Tax Commissioner has been actively functioning under the leadership of Dr Philip John from 2006 December.

The objects of the Foundation are to execute the projects to give relief for the needy, sick and disabled in the community. Also to enrich clinical excellence among doctors and paramedical professionals so that the quality of delivery of healthcare in the community is enhanced; especially in psychiatry and related neurosciences.

Awareness workshops, Advocacy Programs, free workshops and seminars and free medical camps are regular activities of the Foundation.

Also are the continuing Hands-on Training Programs for young psychiatrists from various parts of the country, free block placement for various field training on-hands for M.Phil students from various institutions/universities across the country and for in service teachers from schools of Kerala.

## Community-based Professional Work

### Learning Disorders and Autism : Developmental Disorders in Children.

#### **I. School Level: Dedicated Team for regular -**

- Sensitisation programs for Teachers, Parents and remedial programs for Children.
- Awareness drive for Provisions for afflicted children granted by CBSE and State Boards.
- Parent-Teacher Platforms for interactions
- Screening programs for afflicted children through school referrals.
- Helping to set up Resource Rooms (RR) in schools for children with Developmental Disorders.

#### **II. District and State Level**

- Teacher Training Programs through SCERT, DIETs for in service teachers and under SSA scheme.
- Instrumental in publishing a Booklet in Malayalam on Poor Scholastic Performance in children by SCERT, Kerala.
- Book in Malayalam on 'Learning & Behaviour Problems' in School Children to be published by Malayala Manorama Group, authored by Dr Philip John.
- Participating in "formulating an Action Plan for conduct problems in school children of Kerala" by a Panel brought together by the well known Malayala Manorama Group – a Panel of Governmental 'Policy makers, Educationists, Social Leaders'.
- Produced and recorded 5 Lecture Series on Learning Disorders, Autism, Mental Retardation and Parenting for SIET(State Institute for Education & Training). SIET has been airing these 5 Lectures on State DD television, repeated telecast several times.

#### **III. National Level**

- Work with the CBSE, pioneering the identification of Learning Disorders in schools by teachers, modes of remediation, teacher training, publications, examination provisions for afflicted children, school based and Sahodaya Complexes based programs etc.
- Collaboration with WHO, India Country Office for capacity-building Government School Teachers. Publication with the WHO.
- Work with the Rehabilitation Council of India-RCI- Doordarshan telecast on Learning Disorders and Autism disorders.
- Collaborating presently with Indira Gandhi National Open University (IGNOU), Delhi – in the process of launching a 1 year 'PG Diploma Course in School Counseling and Developmental Disorders' through IGNOU, in the face-to-face as well as distance mode.
- Workshops/Lectures as Teacher training Programs in various parts of the country. Also CME programs for Doctors, Psychiatrists and Pediatricians across the country- Delhi, Ahmedabad, Surat, Mumbai, Nagpur, Pune, Goa, Bangalore, Hyderabad, Mangalore, Mysore and cities of Kerala several sessions.
- Journal articles in Professional Journals/Media

#### **IV. International Level**

- Books and publications internationally.
- Child Guidance Clinic in UAE for children with Learning and Behaviour Problems.
- Teacher/Parent/Doctor Enrichment Programs across UAE
- International conferences – as speaker, chairperson, delegate.  
Extensively travelled for professional meetings across the world.

#### **Community & Organisational Work**

- Active in College and Professional Organisations from early years.
- Meticulous organizer, with skills of vision and work. Erudite speaker.
- Twice Secretary of the Indian Medical Association at Cochin
- Twice unanimously elected as President of IMA Cochin.
- Several Community Projects envisaged and carried out during both Terms as President, like Medical camps, Blood Donation Camps, Awareness Programs in the community, HIV and AIDS awareness Programs, Free Medicine Bank for the poor.
- Mooted, helped established Child Care Centre in a slum area in Gandhi Nagar Cochin – with the District Administration, District Child Welfare Council and Indian Academy of Pediatrics for the Welfare of deprived children and disabled children.
- Original contributions for community services by Dr Philip John through the Cochin IMA are always “gratefully remembered” (IMA).
- Founder Trustee of IMA Blood Bank Cochin, and went on to serve as Trustee for 2 more consecutive terms. Recognized by the Government of India as one of the 10 best Blood Banks in the country. Accorded status of “Regional Immuno-Haematology Centre” as part of WHO scheme for AIDS surveillance, during this tenure.
- Founder Trustee of the “Society for Organ Retrieval and Transplant” (SORT) registered in Cochin. Pioneered many programs for raising awareness on organ retrieval and transplant among doctors and paramedical personnel and, among the lay public through the media, and with policy makers in government.
- Served as Chairman of the Kerala State AIDS & HIV Cell of the Indian Medical Association in 1999. A Resource Guide was prepared as major learning material for the orientation and training of IMA Members of Kerala. During this tenure, many programs were conducted for Doctors, paramedical personnel, lay public on HIV and AIDS, along with the help of the media in Kerala.
- Associated with training of social workers in Psychiatry at the Rajagiri College of Social Sciences as Honorary Visiting Professor. Medical and Psychiatric social Work students were trained for theory and practice.

## Outstanding Contribution to Psychiatry/Medicine

- The Indian Medical Association (**IMA**) at the National Level bestowed on Dr Philip John the **Best President's Award in 1999**.
- Invited as Faculty/Speaker for Professional Conferences, Workshops, Seminars across the country and at International meets.
- Nominated as **National Chairman, Biological Psychiatry in 2011 and 2012** for two consecutive terms, which is a great honour.
- Nominated as **Co-ordinator** for laying out the 'Young Psychiatrists Tract' from the Indian Psychiatric Society with the IAPA from America for 2013.
- **Prestigious Visakha Oration Award** of the Indian Psychiatric Society (IPS. 52) was bestowed on Dr Philip John in 2007, for '**Outstanding Contribution to Psychiatry**'.

## New Vistas in Psychiatry

- Novel concepts in Developmental Disorders including Learning Disorders in children have been propounded by Dr Philip John - such as the 'Spectrum Construct'. (Indian Journal of Psychiatry, Volume 52 (suppl) January 2012, page S226)
- New clinical concept of Autism Disorders in children, with separation of high functioning Autistic Children, thus clearly delineating a 'Treatable Group' of ASD.
- These new concepts have enabled the pioneering of successful treatment regimens using also medications, in addition to the Multi-disciplinary strategies for these disabled children.

This success at treatment of these children is the Hallmark of the multidisciplinary management in Dr Philip John's Child Guidance Clinic (CGC) at Kochi, Kerala and CGC, Sharjah, UAE.

Psychiatry, which is the youngest branch of Medicine, is perceived and practiced by him as the application of basic neurosciences to human behavior.

And this trajectory continues, with his vision of creating an Institution that will comprehensively serve all these clinical needs in Psychiatry, Behavioral Sciences, and related Neurosciences – all under the same roof...

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(Refer: <http://peejays.in> )